

## ABSTRACT

**Fatmah Maasar**, NIM. 153 408 053. Improve Body Balance Walking Child Through Activities On Board In Group B kindergarten Titian Indria Helbat Heledulaa Village North Eastern City District of the city of Gorontalo. Thesis Department of Early Childhood Education Faculty of Education, State University of Gorontalo. Mentor I Dra. Hj. Rena L. Madina, M.Pd and the Supervisor II Samsiah, S.Pd, M.Pd.

This study aims to improve the balance of the body through walking the plank footbridge in Group B kindergarten children Indria Helbat Heledulaa Village North Eastern City District of the city of Gorontalo.

This research method is a class action research with the research procedure consists of: the preparation phase, implementation phase, observation and evaluation stage, the stage of analysis and reflection. Data analysis technique used is the percentage descriptive analysis techniques.

The study found that the balance of the body in Group B kindergarten children Indria Helbat Heledulaa Village North East District of the city of Gorontalo city can be enhanced through the activities of walking the plank footbridge. Improved body balance kindergarten children Indria Helbat Group B can be seen from the initial observation of only 8 or 40% of children are capable of in terms of regular walking on catwalk boards, running boards on catwalks, holding out his hands and walking on catwalks, carrying the load board, after a cycle of the measures I increased to 13 children or 65% who have a good body balance, proceed to the second cycle increased to 17 children or 87% who have a good body balance.

Implications of research for teachers should use activities are expected to walk the plank footbridge with more varied activities and to attract the attention of the child to participate in learning activities so that the implementation of learning, particularly in improving the balance of the child's body is more varied. For the leadership of TK, is by providing more input and attention to all teachers to be able to use various strategies, media and learning models that can improve the balance of the child's body. For further research to find other alternatives to address the various problems that arise in the study so as to provide new input for future studies.

Key words: Increase, Body Balance, Walking and Titian Board