

CHAPTER V

CONCLUSIONS AND SUGGESTION

5.1 Conclusions

Tell Me Your Dreams was a 1998 novel written by the American writer Sidney Sheldon. The main character of the book is Ashley Patterson, an introverted workaholic, and her co-workers, Toni Prescott, an outgoing singer and dancer, and shy artist Alette Peters. Through this novel, Sheldon introduced us the fact of multiple personality disorder case that was happened to the main character, Ashley. The story flowed by tell about the murdered cases and the cause of personality disorder facing by Ashley.

Freud believes that human personality build by three components include Id, Ego and Superego and they are inside each individual. The id as the basic component, it has function to fulfill every needs, desire, happiness and it is spontaneously done by the people. The Ego is the component function as guiding id to fulfill the needs according to reality and the last is superego, which has function to synchronize with the society norm.

All of these components should be balance thus a person will has normal personality. If they run unbalance, the person will show disorder personality. The fact of Multiple Personality Disorder is one example of unbalanced id, ego and superego. Ashley's disorder characterization is the result of she could not balanced her Id and superego. The Id demanded her to struggle from sexuality insulting by her father. She wanted to fight but it could not happen. The superego prevented by showing the fact, it was her father. Thus, she choose to overcome it by making

Alters. When her Ego worked, some ego's defense was happened. She started from repression which guide little Ashley to kept away from his father. Next, she did refusing the terrible experience by creating another personality to cover her and then she isolated herself from environment. The last, she find her way to get better by sublimation. She leaned to control her emotion, revenge and all bad feelings by psychological treatments. When she could balanced the id, ego, and superego, it means she do not need the Alters and she can life as normal personality.

5.2 Suggestions

After conducting this research, I have some suggestion especially for teaching and analyzing literary work. In this case, literary work is not same as scientific works. To analyze the content of literary work, a researcher should have a lot references include books, journals, website which explore about literary works and components. Therefore, I suggest to the education institute especially in Language Department to provide more literature to helps students analyzing and making literary criticism. Furthermore, I also recommend to lecturer to teach students about research methodology of literary so that they will be easy to conduct literature research.

In addition, I hope to the next researcher may take a research by study another part of novel such as background, message, theme and plot. The research also can be in another literary work such as drama and poetry. The last, this research may continued by try to improve students' ability in analyzing characterization by using certain method, approach or strategy.