

ABSTRACT

Nursatriati. 2014. The Effect of Dzikir Toward the Decrease of Level of Anxiety of Preoperative Patient Caesarean Section (A study in the obstetric room of Prof. Dr.Hi. Aloe Saboe Local Hospital of Gorontalo City). Skripsi. Faculty of Health and Sport Sciences, Study Program of Nursing Sciences, Universitas Negeri Gorontalo. The Principal supervisor was Dr. Sunarto Kadir, Drs., M.Kes and the co supervisor was Ns. Iqbal Husain, S.Kep, M.Kep, Sp.KMB.

Preoperative patient caesarean section will experience an anxiety. Experiencing anxiety makes a person feel uneasy. Dzikir is one way to make a person feel calm. Therefore, the problem statement of this research was whether dzikir affect toward the decrease of level of anxiety of Preoperative Patient Caesarean Section or not.

The Research aimed to find out the effect of dzikir to word the decrease level of anxiety of Preoperative patient caesarean section.

The research applied pre experiment one group pre test post test design. The population of research was all preoperative patients caesarean section. Samples of research were 20 respondents taken through *Accidental Sampling* technique. The research result showed that there was an effect of dzikir toward the decrease of level anxiety of preoperative patient caesarean section with the frequency as from low anxiety become not anxious was 20%, from moderate anxiety become mild anxiety was 30%, from high anxiety become moderate anxiety was 30%, and from high anxiety become low anxiety was 20%.

To Conclude, dzikir can be a therapy that can help the decrease of level of anxiety of preoperative patient caesarean section. It suggests to the practitioners and public health institutions to make dzikir as the independent action of nursing in decreasing the decrease of level of anxiety before doing the operation.

Keywords: Dzikir, Anxiety, Preoperative, Caesarean section.

References list: 29 Books (1992-2013).

