

ABSTRAK

Asteria Van Solang. 2014. Hubungan beban kerja dengan kinerja perawat dalam mengimplementasikan asuhan keperawatan di Ruang IGD RSUD Prof. Dr. H. Aloei Saboe Kota Gorontalo. Skripsi, Program Studi Ilmu Keperawatan Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas negeri Gorontalo. Pembimbing I **Dr. Hj. Herlina Jusuf, Dra., M. Kes** dan Pembimbing II **Nasrun Pakaya, S.Kep, Ns. M. Kep.** Daftar Pustaka : 24 (1996-2014).

Beban kerja perawat adalah seluruh kegiatan atau aktifitas yang dilakukan oleh seorang perawat selama bertugas disuatu unit pelayanan keperawatan. Kinerja merupakan pencapaian/prestasi seseorang berkenaan seluruh tugas yang dibebankan kepadanya.

Tujuan penelitian untuk mengetahui hubungan beban kerja dengan kinerja perawat dalam mengimplementasikan asuhan keperawatan di ruang Instalasi Gawat darurat RSUD Prof. dr. H. Aloei Saboe Kota Gorontalo

Desain penelitian menggunakan metode *observasional analitik* dengan desain *cross sectional*. Populasi dalam penelitian ini adalah seluruh perawat di ruang Instalasi Gawat darurat RSUD Prof. dr. H. Aloei Saboe Kota Gorontalo dengan menggunakan teknik *total sampling* yang berjumlah 30 responden.

Hasil penelitian didapatkan bahwa yang mengalami beban kerja berat sebesar 56,7% dan yang mempunyai kinerja baik sebesar 53,3%. Hasil uji statistik menggunakan uji *Chi-Square*, diperoleh *p Value* (0,003) $< \alpha$ 0,05. Sehingga dapat disimpulkan bahwa terdapat hubungan beban kerja dengan kinerja perawat dalam mengimplementasikan asuhan keperawatan di Ruang IGD RSUD Prof. Dr. H. Aloei Saboe Kota Gorontalo. Diharapkan Rumah sakit dapat meningkatkan sumber daya manusia/perawat agar dapat mengurangi beban kerja perawat dan untuk mempertahankan kinerja, perawat diharapkan untuk dapat bekerja sesuai fungsi utamanya.

Kata Kunci : Beban Kerja, Kinerja perawat.

ABSTRAK

Asteria Van Solang. 2014. The Relationship between Work Load and the Performance of Nurse in Implementing Nursing Care in Emergency Room of Prof. Dr. H. Aloei Saboe Hospital Gorontalo City. Skripsi, Study Program of Nursing, Faculty of Health and Sport Sciences, Universitas Negeri Gorontalo. The principal supervisor was **Dr. Hj. Herlina Jusuf, Dra., M.kes** and the co-supervisor was **Nasrun Pakaya, S.Kep, Ns. M.Kep.** Bibliography : 24 (1996-2014).

Work load is all the activities of a nurse during the duty in a health service unit. A performance is an achievement of person related to all of his/her responsibility.

The research aimed at finding out the relationship between work load and the performance in implementing nursing care in emergency room of Prof. Dr. H. Aloei Saboe Hospital Gorontalo City.

The design of research was *analytical observational* with *cross sectional* design. The population of research were all nurses in emergency room of Prof. Dr. H. Aloei Saboe Hospital Gorontalo city. Samples of research were 30 respondents taken through total sampling.

The research result showed that the percentage of nurses who had heavy work load was 56,7% and the percentage of nurses who had good performance was 53,3%. The statistical test by using *chi-square* gained *p Value* (0,003) < α 0,005. Therefore, it can be concluded that there was a relationship between work load and the performance of nurse in implementing nursing care in emergency room of Prof. Dr. H. Aloei Saboe Hospital Gorontalo City. It suggested that the hospital can increase the human resources/nurses to decrease the work load of the current nurses and to maintain the performance of the nurses, and for the nurses to keep working based on their main duty.

Keywords : Work Load, Performance of Nurses