

#### ABSTRACT

**Ibrahim H. Moha.** 2014. Relation of Family Support and Fulfillment of Nutritional Needs on Elderly at Biyonga, Subdistrict of Limboto, District of Gorontalo. Skripsi, Study Program of Nursing, Faculty of Health and Sports Sciences. The principal supervisor was Suwarly Mobiliu S.KP, M.Kep and co supervisor was dr. Nanang Paramata M.Kes.

Family support is a concern of family to elderly. Fulfillment of nutritional needs is the amount which should be fulfilled as need of elderly takes.

The research aimed to understand the relation of family support and fulfillment of nutritional needs on elderly.

The research design applied analytic descriptive research by having cross sectional approach. population was all families who had elderlies as they were physical dependence. Sampling applied total sampling amounted to 40 people and it used questionnaire. There was a relation occurred between family support and fulfillment of nutritional needs as probability value was  $0.000 < 0.005$ . there were 36 people (90%) who supported, 34 people (85%) for good nutrition fulfillment, 2 people (5,0%) for bad nutrition fulfillment and 4 people (10,0%) who supported to fulfill bad nutrition to elderlies.

To sum up, there is a relation between family support and fulfillment of nutritional needs on elderly. It is suggested to develop wider research for future education primarily concerning the relation between family support and fulfillment of nutritional needs on elderly for longer time.

Keywords: *Nutrition, Elderly, Family Support*

