

PERSETUJUAN PEMBIMBING

SKRIPSI

PENGARUH DUKUNGAN SOSIAL KELUARGA TERHADAP  
PERAWATAN DIRI LANSIA DI KECAMATAN TOLINGGULA  
KABUPATEN GORONTALO UTARA

OLEH

SRI RAHAYU TAHIR

841 410 056

PEMBIMBING 1



Dr. Hj. Herlina Jusuf, Dra., M.Kes

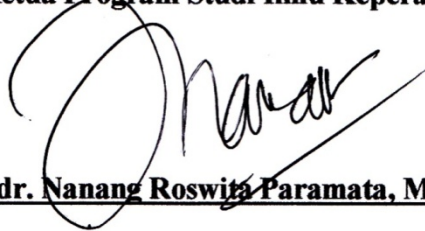
PEMBIMBING II



Rhein Djunaid, S.Kep. Ns, M.Kes

Mengetahui

Ketua Program Studi Ilmu Keperawatan



dr. Nanang Roswita Paramata, M.Kes

NIP. 19771028 200812 2003

**LEMBAR PENGESAHAN**

**SKRIPSI**

**Pengaruh Dukungan Sosial Keluarga Terhadap Perawatan Diri Lansia Di  
Kecamatan Tolinggula Kabupaten Gorontalo Utara**

**Oleh  
Sri Rahayu Tahir  
NIM : 841 410 056**

**Telah dipertahankan di depan dewan penguji**

**Hari / Tanggal : Sabtu, 17 Januari 2015**


**Waktu : 13.00-14.00 WITA**

**Penguji**

1. **Dr.Hj. Herlina Jusuf, Dra., M.Kes**  
NIP.196310011988032002

1.....  


2. **Rhein Djunaid, S.Kep., Ns., M.Kes**  
NIP.197501121994031003

2.....  


3. **dr. Vivien Novarina A. Kasim, M.Kes**  
NIP.198305192008122002

3.....

4. **Andi Mursyidah, S.Kep., Ns., M.Kes**

4.....  


**Gorontalo, Januari 2015**

**Mengetahui**

**Dekan Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan**



  
**Dr.Lintje Boekoesoe, M.Kes**  
NIP : 19590110 198603 2 003

## ABSTRACT

Sri Rahayu Tahir, 2015. The Influence of Social Support of Family toward Elderly Self Care. Skripsi. Skripsi, Study Program of Nursing, Faculty of Health and Sport Sciences, Universitas Negeri Gorontalo. The principal supervisor was Dr. Hj. Herlina Jusuf, Dra., M.Kes and the co-supervisor was Rhein Djunaid, S.Kep, Ns, M.Kes. (Bibliography, 28: 2000-2014).

Social support of family is positive attitude and behavior given by family to one of family members such as elderly. Self care of elderly is a practically activity of elderly in *keeping their health and live*. The research aimed at *investigating the influence of social support of family toward elderly self care at subdistrict of Tolinggula, district of Gorontalo Utara*.

The research applied observational method by having cross sectional design. The population of research were all elderly at subdistrict of Tolinggula who lived with their family amounted to 89 respondents. The samples of research were 89 respondents chosen through total sampling technique.

The research result showed that the respondents who had good social support of family were 74,2% and respondents who had good self care were 71,9%. The analysis by using Chi-square test at  $\alpha \neq 0,05$  resulted there was an influence of social support of family toward elderly self care with value of  $p = 0,014$  ( $\alpha < 0,05$ ).

It is expected that the social support of family can be built between members of family by paying attention and support to the elderly.

**Keywords: Family, Self Care, Elderly**

