

ABSTRACT

Andreta Mopangga. 2014. *The Relationship between Knowledge and Mother's Attitude in Exclusive Breastfeeding at Tenilo Village, Subdistrict of Tilamuta, District of Boalemo.* Skripsi, Department of Nursing, Faculty of Health and Sport Sciences, Universitas Negeri Gorontalo. The principal supervisor was **dr. Zuhriana K. Yusuf, M.Kes** and the co-supervisor was **Rhein Djunaid, S.Kep, Ns, M.Kes.** Bibliography: 28 (1989-2013).

WHO in 2000 found that exclusive breastfeeding during the first 4 months was very low particularly in Middle and North Africa, Asia and Latin America. The research aimed at investigating the relation between knowledge and mother's attitude of breastfeeding at Tenilo village, subdistrict of Tilamuta, District of Boalemo.

The research applied analytic survey method through cross sectional study as the approach. The population of research were 68 respondents. Meanwhile, to gain the research samples, It applied total sampling technique. The technique of data collection was questionnaire which consisted of 25 questions. The techniques of data analysis were univariate and bivariate that were processed by applying SPSS Program.

The research result showed that there was relation between knowledge and mother's attitude of exclusive breastfeeding at Tenilo village, subdistrict of Tilamuta, district of Boalemo with the result of *fisher's exact* for each as p value = 0,000 or <0,05.

It can be concluded that there was relation between knowledge and mother's attitude of exclusive breastfeeding at Tenilo village, subdistrict of Tilamuta, district of Boalemo. Therefore, it suggests for mothers who have babies aged around 0-6 months to maintain and increase the knowledge and understanding about the importance of exclusive breastfeeding for the growth of the babies.

Keywords: *Knowledge, Attitude, Exclusife Breastfeeding*

