

ABSTRACT

Madina, Mirna. 2015. The relationship between maternal knowledge and giving of exclusive breastfeeding in the working place of Puskesmas in Wongkaditi (posyandu in Dulomo Utara) subdistrict of Kota Utara, Gorontalo. Skripsi, undergraduate study program, department of nursing, faculty of health and sport sciences, Universitas Negeri Gorontalo. The principal supervisor was Suwarly Mobiliu, S.Kp, M.Kep and co supervisor was dr. Nanang R. Paramata, M.Kes.
Bibliography, 32: 2001-2-13)

Exclusive breastfeeding is very important toward toddler aged 0-6 months due to allnutrients within the breast milk are beneficial toward growth and development of toddlers and nootherfoodfornewbornsthatcan beequatedwithbreast milk.

The research was categorized to observational analytic design through the application of cross sectional approach. Population was mothers who had toddler aged 6 months in the working place of Puskesmas in Wongkaditi. The amount of samples was 30 respondents which obtained from accidental sampling. The research instrument was questionnaire while data were analyzed by univariate and bivariate analysis through the application of Kendall's tau b. with level of significance was $\alpha = 0,000$.

The result showed that most of respondents with low knowledge were 11 respondents (36.7%) and most of respondents with exclusive breastfeeding were 17 respondents (56.7%) with p value was 0,000.

To sum up, there was relationship between maternal knowledge and giving of exclusive breastfeeding in the working place of Puskesmas in Wongkaditi, subdistrict of Kota Utara, Gorontalo.

It is recommended to mothers to improve their knowledge about exclusive breastfeeding.

Keywords: knowledge, exclusive breastfeeding, giving of breastfeeding

