

PERSETUJUAN PEMBIMBING

SKRIPSI

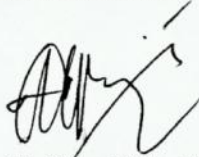
**PENGARUH MASSASE TERHADAP PENURUNAN
TEKANAN DARAH PADA PASIEN HIPERTENSI
DI POLI INTERNA RSUD TOTO KABILA
KABUPATEN BONE BOLANGO”**

Oleh

**GREYSSYANTI HASIRU
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SKRIPSI

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PADA PASIEN HIPERTENSI DI POLI INTERNA RSUD TOTO KABILA
KABUPATEN BONE BOLANGO**

Oleh

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Hari / Tanggal : Sabtu, 17 Januari 2015

Waktu : 09.00 WITA

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Gorontalo, Januari 2015

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ABSTRACT

Greysyanti Hasiru, 2015. The Effect of Massage toward the Decrease of Blood Pressure on Hypertension Patient at Internal Polyclinic of Regional Public Hospital of Toto Kabila, District of Bone Bolango. Skripsi, Department of Nursing, Faculty of Health and Sport Sciences, Universitas Negeri Gorontalo. The principal supervisor was Dra. Hj. Rany Hiola, M.Kes and the co-supervisor was Dr. Hj. Rosmin Ilham, S.Kep. Ns. M. M.

Massage is an alternative treatment by massaging or pressing particular part of body. Hypertension is one of important risk factors of coronary heart disease and cerebrovascular accident. Meanwhile, hypertension causes hypertrophy of heart and heart failure. The research aimed at investigating the effect of massage to the decrease of blood pressure.

The research applied one group pretest posttest by having pre experimental approach. The population of research were all patients who got treatment at Internal Polyclinic Regional Public Hospital of Toto Kabila when the research was conducted amounted to 173 patients. The total samples were 10 patients chosen through purposive sampling. The technique of data analysis was paired t test.

The research result showed that there was the difference of blood pressure before and after given massage, therefore there was an effect of massage toward the decrease of blood pressure on hypertension patients at $\alpha = 0,05$, the t pair test resulted the significance as 0,007.

It can be concluded that there was an effect of massage toward the decrease of blood pressure on hypertension patients at Internal Polyclinic of Regional Public Hospital of Toto Kabila.

Keywords: Massage, Hypertension

Bibliography: 25 (2004-2013)

