

ABSTRAK

Agustina S. Aliu. 2015. *Pengaruh dampak hospitalisasi terhadap kecemasan orang tua di ruang perawatan anak G1 kelas III RSUD Prof. Dr. H. Aloei Saboe Kota Gorontalo.* Skripsi, Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I **Hj. Suwarly Mobiliu, S.Kp, M.Kep** dan pembimbing II **dr. Nanang Roswita Paramata, M.Kes.**

Perawatan di rumah sakit adalah situasi yang baru yang tidak menyenangkan bagi anak. Orang tua mengalami kecemasan yang tinggi saat anak dirawat di rumah sakit. Penelitian ini bertujuan untuk mengetahui pengaruh dampak hospitalisasi terhadap kecemasan orang tua di ruang perawatan anak G1 kelas III RSUD Prof. Dr. H. Aloei Saboe Kota Gorontalo.

Jenis penelitian kuantitatif dengan *metode korelatif* dan pendekatan *cross sectional study*. Populasi seluruh orang tua yang anaknya di rawat diruang perawatan anak G1 kelas III RSUD Prof. Dr. H. Aloei Saboe Kota Gorontalo dan sampel yang digunakan berjumlah 32 orang yang ditentukan dengan teknik *accidental sampling*. Data dikumpul menggunakan kuisioner dan dianalisis dengan uji *Spearman's Rho*.

Hasil penelitian ditemukan anak yang dirawat di rumah sakit 78,1% positif mengalami dampak hospitalisasi dan kecemasan orang tua yang anaknya dirawat 79,1% memiliki tingkat kecemasan sedang. Terdapat pengaruh dampak hospitalisasi terhadap kecemasan orang tua dengan nilai $p\text{ value}=0,000 (<0,05)$ dengan kekuatan yang kuat.

Disarankan agar perawat dapat memberikan dukungan kepada orang tua, mengenai pemberian dukungan informasi, emosional, penilaian, dan instrumental dalam mengurangi dan mencegah kecemasan orang tua terhadap dampak hospitalisasi anak.

Kata kunci : Hospitalisasi, kecemasan orang tua.

Daftar Pustaka : 23 Referensi (2005-2014)

ABSTRACT

Agustina S. Aliu. 2015. *The Effect of Hospitalization Impact toward parents' Anxiety at Children Care Installation G1 class III of Regional Public Hospital of Prof. Dr. H. Aloe Saboe of Gorontalo City.* Skripsi, Department of Nursing, Faculty of Health and Sport Sciences, Universitas Negeri Gorontalo. The principal supervisor was Hj. Suwarly Mobiliu, S.Kep, M.Kep and the co-supervisor was dr. Nanang Roswita Paramata, M.Kes.

Treatment in hospital is new uncomfortable situation for children. The parents experienced high anxiety when the children are being treated in the hospital. The research aimed at investigating the effect of hospitalization impact toward parents' anxiety at Children Care Installation G1 class III of Regional Public Hospital of Prof. Dr. H. Aloe Saboe of Gorontalo City.

The research was a quantitative research by having correlative as method and cross sectional study as the approach. The population of research were all parents who had children that being hospitalized at Children Care Installation G1 class III of Regional Public Hospital of Prof. Dr. H. Aloe Saboe of Gorontalo City. The samples were 32 parents chosen through accidental sampling. The data had been collected through questionnaire and analyzed through Spearman's Rho test.

The research result showed that there were about 78,1% of children who positively had hospitalization impact and there were 79,1% of parents who had moderate level of anxiety. There was an effect of hospitalization impact toward parents' anxiety with p value = 0,000 (<0,05) which categorized as very strong.

It suggest that the nurses should give support to the parents such as information, emotional, assessment, and instrumental support in decreasing and preventing the level of anxiety of parents toward children hospitalization impact.

Keywords: Hospitalization, Parents' Anxiety

Bibliographies: 23 (2005-2014)

