

## ABSTRACT

**Sri Yuningsih Pakaya**, Skripsi. The Description of Early Mobilization toward *Section Caesarea* Post-Surgery Patients in Aloe Saboe Hospital, Gorontalo City after Health Counseling Activity. It was supervised by Rini F Zees, S.Kep, Ns., M.kes and dr. Nanang Paramata, M.kes.

*Section caesarea* action is an option for medical personnel taken to safe maternal and fetal health. The early mobilization action is conducted to *section caesarea* patients which meant to accelerate healing process.

This research aimed to see the description of early mobilization toward *section caesarea* post-surgery patients in Aloe Saboe Hospital, Gorontalo city after health counseling activity. It applied observational descriptive design – the researcher observes patient's attitude to mobilize early. The samples selected through *accidental sampling* and selected 32 samples involved in the research data collection.

The results showed that there were 27 samples (84,4%) did early mobilization and other 5 samples (15,6%) did not do early mobilization. To sum up, most samples can do early mobilization after being given health counseling. It is suggested that hospital employees may apply early mobilization to *section caesarea* patients in order to increase the healing process.

*Keywords*: mobilization, *section caesarea* post-su

