

ABSTRAK

Siti Rohmatul Khusna. 2015. *Hubungan status gizi dengan perkembangan motorik halus pada anak usia 1-3 tahun di Desa Tabumela Kecamatan Tilango Kabupaten Gorontalo.* Skripsi, Program Studi Keperawatan, Fakultas ilmu-ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I Suwarly Mobiliu S.Kp, M.Kep, Pembimbing II dr.Sri A. Ibrahim, M.Kes.

Status Gizi merupakan salah satu faktor yang mempengaruhi perkembangan motorik halus karena anak yang memiliki gizi baik, perkembangannya akan baik. Status gizi baik akan mempengaruhi perkembangannya dimana syaraf-syaraf anak dapat berfungsi dengan baik dalam melakukan tugasnya. Penelitian ini bertujuan untuk mengetahui hubungan status gizi dengan perkembangan motorik halus anak di Desa Tabumela Kecamatan Tilango Kabupaten Gorontalo.

Penelitian ini menggunakan metode deskriptif analitik dengan pendekatan *cross sectional*. Teknik pengambilan sampel yaitu *total sampling*. Jumlah sampel 45 anak. Hasil penelitian menunjukkan sebagian besar anak memiliki status gizi baik yaitu sebanyak 30 anak (66,7%) dan status gizi kurang 15 anak (33,3%). Anak yang memiliki perkembangan motorik halus dengan kategori baik sebanyak 28 anak (62,2%) dan anak yang memiliki perkembangan motorik halus dengan kategori kurang sebanyak 17 anak (37,8%). Berdasarkan analisis data menggunakan uji *Chi-Square* didapatkan P Value=0,000 menunjukkan ada hubungan antara status gizi dengan perkembangan motorik halus pada anak .

Kesimpulannya ada hubungan antara status gizi dengan perkembangan motorik halus, dan di sarankan orang tua menambah wawasan tentang kebutuhan nutrisi anak dan perkembangan motorik halus anak, sehingga orang tua dapat menerapkan pola asuh yang lebih baik, dan dapat memberikan stimulasi perkembangan anak secara optimal.

Kata Kunci : Status Gizi, Perkembangan Motorik Halus
Daftar Pustaka: (1998-2015)

ABSTRACT

Siti Rohmatul Khusna. 2015. The Relationship of the Nutritional Status with Fine Motor Development in Children aged 1-3 Years in the Village of Tabumela, Sub district of Tilango, District of Gorontalo. Skripsi. Study program of Nursing. Faculty of Health Sciences and Sports. The principal supervisor was Suwarly Mobiliu, S.Kp., M.Kep, and co-supervisor was dr. Sri A. Ibrahim, M.Kes.

Nutrition status is one of the factors that influence the fine motor development in children that have good nutrition and the development will be good. The status of good nutrition will influence the development of nerves and have good function to do their jobs. This research aimed at knowing the relationship of the nutritional status with fine motor development in children aged 1-3 years in the village of Tabumela, sub district of Tilango, District of Gorontalo.

This research used analytic descriptive method with cross sectional approach. Technique of sampling used total sampling with 45 children as the sample. This research showed that most of children who have good nutrition about were 30 children or 66,7%, and the lack of nutrition status were 15 children or 33,3%. Children who have good category in fine motor development were 28 children or 62,2% and children who have lack category were 17 children or 37,8%. Based on the analysis of the data used Chi-Square got p value=0,000. It showed that there is a relationship of the nutritional status with fine motor development in children.

It concluded that there was a relationship of the nutritional status with fine motor development in children and it suggested to all parents to increase the knowledge about the nutrition needs on children and the fine motor development, so that parents can apply a better parenting and give stimulus on the development of children optimally.

Keywords: Nutrition Status, Fine Motor Development
Bibliography; (1998-2015)

