

## ABSTRAK

**Sri Oktavianti Ismail.** 2015. *Faktor-Faktor Yang Mempengaruhi Kemandirian Lansia Di Panti Sosial Tresna Werdha Provinsi Gorontalo*. Skripsi, Jurusan S1 Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I dr. Vivien Novarina A.Kasim, M. Kes dan Pembimbing II Dr. Hj. Rosmin Ilham, S.Kep, Ns., MM.

Kemandirian lansia merupakan perilaku yang dilihat dari perlakuan lanjut usia terhadap diri sendiri dan lingkungan yang berkaitan dengan kemampuannya melakukan aktivitas kesehatan, aktivitas ekonomi, dan aktivitas sosial. Penelitian bertujuan mengetahui faktor-faktor yang mempengaruhi kemandirian lansia di PSTW Provinsi Gorontalo. Desain penelitian *observasional* dengan pendekatan *Cross Sectional*. Populasi dalam penelitian berjumlah 47 responden dan sampel berjumlah 40 responden dengan teknik *Purposive Sampling*. Untuk analisisnya menggunakan uji *chi-square test* dengan derajat kemaknaan  $\alpha = 0,05$ .

Hasil penelitian menunjukkan terdapat pengaruh signifikan dari usia ( $p$  value = 0,000), kondisi kesehatan ( $p$  value = 0,000), kondisi sosial ( $p$  value = 0,005), dan kondisi ekonomi ( $p$  value = 0,010) terhadap kemandirian lansia ( $p < 0,05$  ;  $\alpha = 0,05$ ). Disimpulkan bahwa terdapat pengaruh usia, kondisi kesehatan, kondisi sosial, dan kondisi ekonomi terhadap kemandirian lansia di PSTW Provinsi Gorontalo. Diharapkan lansia dan masyarakat dapat meningkatkan kemandiriannya dengan memperhatikan faktor-faktor yang mempengaruhi kemandirian lansia yaitu usia, kondisi kesehatan, kondisi sosial, dan kondisi ekonomi.

**Kata Kunci** : Kemandirian, Lansia  
**Daftar Pustaka** : 43 referensi (2001-2015)

## ABSTRACT

**Sri Oktavianti Ismail.** 2015. *Factors Affecting Elderly Independence at Panti Sosial Tresna Werdha, Gorontalo Province.* Skripsi, Department of SI Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. The principal supervisor was dr. Vivien Novarina A.Kasim, M.Kes and the co-supervisor was Dr. Hj. Rosmin Ilham, S.Kep, Ns., MM.

Elderly independence is behavior that shows their attitude to their selves and environment related to their ability to do health, economy, and social activities. This research aimed at investigating factors affecting elderly independence at PTSW Gorontalo Province. This research applied observational research with cross sectional approach. The population of this research were 47 respondents and samples were 40 respondents out of total population gained by purposive sampling technique. Data analysis applied chi-square test with significance level at  $\alpha = 0,05$ .

The research result showed that there was a significant effect of age (p value = 0,000), health condition (p value = 0,000), social condition (p value = 0,005), and economic condition (p value 0,010) toward elderly independence (  $p < 0,05$  ;  $\alpha = 0,05$ ). It can be concluded that there was an effect of age, health condition, social condition, and economic condition toward elderly independence at PTSW Gorontalo Province. It is suggested that elderly and community can increase their independence by paying more attention to factors affecting elderly independence such as age, health condition, social condition, and economy condition.

**Keywords: Independence, Elderly**

**Bibliographies: 43 references (2001-2015)**

