

ABSTRAK

Cinangsih Hasan, 2015. *Pengaruh Permainan Maze Terhadap Tumbuh Kembang Anak Prasekolah di TK Pembina K.H Dewantara, Kelurahan Libuo, Kota Gorontalo.* Skripsi, Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. **Pembimbing I dr.Zuhriana K Yusuf, M.Kes dan Pembimbing II Nasrun Pakaya, S.Kep, Ns., M.Kep.**

Lemahnya fungsi kognitif akan mempengaruhi pertumbuhan dan perkembangan anak, salah satu stimulasi yang cocok untuk mengembangkan fungsi kognitif anak adalah Permainan *maze*. *Maze* merupakan suatu permainan anak untuk mencari, menelusuri dan memilih jalan menuju tempat yang ditentukan dengan memakai media tertentu. Tujuan dari penelitian adalah untuk mengetahui pengaruh permainan *maze* terhadap tumbuh kembang khususnya fungsi kognitif anak prasekolah di TK Pembina K.H Dewantara.

Rancangan penelitian *Pra Eksperimen*, menggunakan metode pendekatan *One Group Pretest and Posttest Design*. Populasi berjumlah 20 siswa, Tehnik sampling yang digunakan adalah *Total Sampling* dengan kriteria sampel, didapatkan 14 siswa sebagai sampel. Instrument yang digunakan yaitu lembar observasi *checklist*. Analisa data menggunakan uji T berpasangan, karena data berdistribusi normal.

Hasil penelitian menunjukkan terdapat perbedaan bermakna antara nilai rerata sebelum diberi permainan *maze* yaitu 58,28 dan setelah diberi permainan *maze* didapatkan rerata dengan nilai 93,50, dengan nilai *p* value 0,000 $\alpha(<0,05)$.

Kesimpulan penelitian ini menunjukkan ada pengaruh permainan *maze* terhadap tumbuh kembang khususnya fungsi kognitif anak prasekolah.

Saran pada pihak sekolah diharapkan untuk menyadari bahwa pentingnya permainan *maze* diterapkan pada anak untuk meningkatkan perkembangan fungsi kognitif anak prasekolah

Kata Kunci : Permainan Maze, Tumbuh Kembang, Fungsi Kognitif.

Daftar Pustaka : 36 buah (2005-2015)

ABSTRACT

Cinangsih Hasan, 2015. The Influence of Maze Game toward Children's Growth and Development at TK (Kindergarten School) at Pembina K.H Dewantara, Libuo Village, Kota Gorontalo. Skripsi, Department of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. **The principal supervisor was dr. Zuhriana K. Yusuf, M.Kes and the co-supervisor was Nasrun Pakaya, Ns., M.Kep.**

The lack of cognitive function will influence the growth and development of children, one of appropriate stimulations to develop the cognitive function of children was maze game. Maze is a children game to look for, trace, and choose the road to the determined place by using certain media. The research aimed at investigating the influence of maze game toward children's growth and development particularly the cognitive function of children at TK Pembina K.H Dewantara.

The research applied pre experimental research by using one group pretest and posttest design. The population of research were 20 children. The technique of sampling was total sampling by having the sample criteria, it gained 14 children as samples of research. The instrument of research was checklist observation sheet. The technique of data analysis was through paired T test because the data were normally distributed.

The research result showed that there was significant difference between average score before treated by maze game which was 58,28 and after treated by maze game which was 93,50 with p value as 0,000 at $\alpha(<0,05)$.

It can be concluded that there was influence of maze game toward the children's growth and development particularly cognitive function of preschool age children.

It is suggested that the school party should recognize the importance of maze game to be applied to children to develop the development of cognitive function for preschool age children.

Keywords: Maze Game, Growth and Development, Cognitive Function

Reference: 36 (2005-2015)

