

## ABSTRAK

**Nurain R. Lantu. 2015.** Faktor-faktor yang Mempengaruhi Kepatuhan Lansia Berobat Katarak di Poliklinik Mata RSUD. Prof. Dr. H. Aloei Saboe Kota Gorontalo. Skripsi, Program Studi Ilmu Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I Hj. Suwarly Mobiliu, S.Kp.M.Kep dan Pembimbing II dr. Sitti Rahma, M.Kes.

Katarak merupakan penyebab umum kehilangan penglihatan dan merupakan opasitas lensa atau kapsul lensa mata yang berkembang secara bertahap biasanya terjadi pada lansia. Kepatuhan dalam berobat katarak biasanya dipengaruhi oleh beberapa faktor. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang mempengaruhi kepatuhan lansia berobat katarak di Poliklinik Mata RSUD. Prof. DR. H. Aloei Saboe Kota Gorontalo. Jenis Penelitian yang digunakan adalah penelitian *deskriptif*. Sampel yang digunakan berjumlah 40 responden yang didapatkan dengan menggunakan *Accidental Sampling*. Teknik analisis data yang digunakan adalah analisis *deskriptif* untuk melihat presentase setiap variabel yang diolah menggunakan program SPSS.

Hasil penelitian diperoleh bahwa dukungan keluarga terhadap kepatuhan lansia berobat katarak dengan kriteria mendukung 36 (90,0%), kriteria tidak mendukung 4 (10,0%), pengetahuan lansia tentang katarak kriteria baik 18 (45,0%) kriteria kurang 22 responden (55,0%) dan motivasi lansia terhadap kepatuhan berobat katarak dengan kriteria baik 35 (87,5%) sedangkan kriteria kurang 5 (12,5%). Maka dapat disimpulkan bahwa faktor dukungan keluarga, pengetahuan, dan motivasi mempengaruhi kepatuhan lansia berobat katarak. Diharapkan bagi lansia dapat meningkatkan kepatuhan dalam berobat katarak.

**Kata Kunci : Katarak, Kepatuhan Lansia**  
**Daftar Pustaka : 41 Referensi (2001-2015)**

## ABSTRACT

**Nurain R. Lantu.** 2015. Factors Influencing Elderly Obedience to do The Cataract Treatment at Eye Clinic of Prof. Dr. H. Aloei Saboe Kota Gorontalo Hospital. Skirpsi, Study Program of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. The principal supervisor was Hj. Suwarly Mobilu, S.Kp.M.Kep and the co-supervisor was Sitti Rahma, M.Kes.

Cataract is the cause of vision loss and a lens opacity or eye lens capsule which develops continuously and generally occurs to elderly. The obedience of cataract treatment generally is influenced by several factors. This research aimed at investigating factors influencing elderly obedience to do the cataract treatment at Eye Clinic of Prof. Dr. H. Aloei Saboe Kota Gorontalo Hospital. This research applied descriptive research. The samples of research were 40 respondents gained through accidental sampling. The technique of data analysis was descriptive analysis to gain the percentage of each variable that had been processed by using SPSS program.

The research result showed that observed through family support of elderly obedience aspect, those that included in support criteria were 36 (90,0%), and do not support criteria were 4 (10,0%), elderly knowledge about cataract aspect, those that included in good criteria were 18 (45,0%) and lack criteria were 22 (55,0%) and motivation of elderly to do cataract treatment aspect, those that included in good criteria were 35 (87,5) and lack criteria were 5 (12,5%). Then, it can be concluded that family support, knowledge, and motivation influenced the elderly obedience in doing cataract treatment.

**Keywords: Cataract, Elderly obedience**

**References: 41 references (2001-2015)**

