

## ABSTRAK

**Fadlia Galema.** 2015, *Pengaruh Terapi Bermain Susun Balok Terhadap Tumbuh Kembang Anak di PAUD Cendana Kec. Mootilango Kab. Gorontalo.* Skripsi, Pogram Studi Ilmu Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I dr. Nanang Roswita Paramata M.Kes, Pembimbing II Wirda Y. Dulahu S.Kep.,Ns.,M.Kep.

Pertumbuhan dan perkembangan anak usia dini membutuhkan beragam stimulus karena pada usia tersebut merupakan masa yang sangat penting untuk anak berkembang sesuai dengan kebutuhan dan potensinya. Penelitian ini bertujuan untuk mengetahui pengaruh terapi bermain susun balok terhadap perkembangan fungsi kognitif anak di PAUD Cendana Kec. Mootilango Kab. Gorontalo

Desain penelitian yang digunakan adalah *Praexperiment*. Populasi penelitian adalah siswa yang berada di sekolah PAUD Cendana Kec. Mootilango Kab. Gotontalo yaitu 36 orang, penentuan jumlah sampel menggunakan teknik *total sampling*. Analisa data menggunakan *Wilcoxon*.

Berdasarkan hasil penelitian, perkembangan fungsi kognitif anak sebelum diberikan perlakuan dengan bermain susun balok yaitu 19.4% dan setelah diberikan perlakuan dengan menggunakan terapi bermain susun balok selama 8x perlakuan meningkat menjadi 91.7% dari 36 anak dengan  $p\ value = 0,000\alpha < 0,05$ .

Kesimpulan penelitian ini adalah dengan pemberian terapi bermain susun balok dapat meningkatkan perkembangan fungsi kognitif anak di PAUD Cendana Kec. Mootilango Kab. Gorontalo. Saran bagi sekolah, orang tua dapat memberikan stimulasi dini dengan memberikan permainan susun balok yang dapat merangsang daya pikir anak.

**Kata Kunci** : *Terapi Bermain, Fungsi Kognitif*

**Daftar Pustaka** : 25 (2003-2014)

## ABSTRACT

**Fadlia Galema.** 2015, *the Influence of Therapy of Stacking Blocks Playing toward Growth and Development of Children at Early Childhood Education (PAUD) Mootilango Sub-district, Gorontalo District.* Skripsi, Study Program of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. Principal supervisor was dr. Nanang Roswita Paramata, M.Kes, and co-supervisor was Wirda Y. Dulahu S.Kep., Ns. M.Kep.

Growth and development of early childhood need various stimuli because early childhood is the important age for children to develop according to their needs and their potential. The aim of this research was to find out the influence of therapy of stacking blocks playing toward cognitive function development of children in PAUD Cendana Mootilango sub-district, Gorontalo district.

Research design used in this research was pre experimental design. The population in this research were students in PAUD Cendana Mootilango sub-district, Gorontalo district which consisted of 36 students. The technique of sampling was total sampling technique. The data analysis was using Wilcoxon.

Based on the research result, it showed that cognitive function development of children before they were given the treatment with stacking blocks was 19,4% and after they were given the treatment by using stacking blocks during 8 times treatment increased to 91,7% of 36 children with  $p$  value = 0,000  $\alpha < 0,05$ .

The conclusion of this research was by given therapy of stacking blocks can increase cognitive function development of children in PAUD Cendana Mootilango sub-district, Gorontalo district. It is suggested for school and parents to give early stimulus by giving stacking blocks which can stimulate cognitive of children.

**Keywords:** *Playing Therapy, Cognitive function*

**References:** 26 (2003-2014)

