

ABSTRAK

Amelia Enjel Suoth. 2015, Hubungan Jarak Kelahiran dan Jumlah Saudara Dengan Status Gizi Baduta Di Wilayah Kerja Puskesmas Tolangohula Kecamatan Tolangohula Kabupaten Gorontalo. Skripsi, Program Studi Ilmu Keperawatan, Fakultas Ilmu-Ilmu Kesehatan Dan Keolahragan, Universitas Negeri Gorontalo. Pembimbing I dr Vivien Novarina A.kasim M.kes, Pembimbing II Andi Mursyidah S.kep.Ns.,M.Kes.

Status gizi adalah suatu keadaan tubuh yang di akibatkan oleh keseimbangan antara asupan zat gizi dengan kebutuhan yang dapat mempengaruhi keturunan. Kasus kurang gizi baduta banyak di temukan pada keluarga dengan jumlah anggota keluarga yang besar di bandingkan dengan keluarga kecil yang melibatkan jarak kelahiran dengan selang waktu atau lamanya antara kelahiran anak pertama dan anak berikutnya yang harus direncanakan. Tujuan dari penelitian ini adalah untuk melihat hubungan jarak kelahiran dan jumlah saudara dengan status gizi baduta.

Desain penelitian yang digunakan adalah *cross sectional*. Populasi penelitian adalah baduta yang berada Di wilayah Kerja Puskesmas Tolangohula Kecamatan Tolangohula Kabupaten Gorontalo yaitu 40 baduta, jumlah sampel menggunakan teknik *total sampling*

. Analisa data menggunakan *Kolmogorof*. berdasarkan hasil penelitian terdapat hubungan antara jarak kelahiran dengan status gizi baduta dengan nilai *p value* 0,024 dan terdapat hubungan jumlah saudara dengan status gizi baduta dengan *p value* 0,000. Diharapkan bagi masyarakat agar memperhatikan jarak kelahiran dan jumlah saudara untuk mengantisipasi adanya masalah pada status gizi anak.

Kata Kunci : Jarak Kelahiran, Jumlah Saudara, Status Gizi

Daftar Pustaka : 45 (Referensi 2005-2014)

ABSTRACT

Amelia Enjel Suoth. 2015, The Correlation between the Space of Birth and the Number of Siblings with the Nutrition Status of the Under Two Years Old Baby in the Area of Tolangohula Health Center (PUSKESMAS) of Tolangohula Sub-district of Gorontalo District. Skripsi, Study Program of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. The Principal supervisor was dr. Vivien Novarina A. Kasim, M.Kes and Co-supervisor was Andi Mursyidah S.Kep, Ns., M.Kes

Nutrition status is a state of the body caused by the balance of nutrition intake and the needs of the body which could influence the hereditary. The status of lack nutrition in under- two years old babies are commonly found in the big family members compared to the small family. This has something to do with the space of birth, which is, the space between the births of the first baby to the next that should have been planned. The objective of this research was to find out the correlation of the birth space and the number of siblings with the nutrition status of the under-two years old baby.

The design of this research was cross sectional. The population for this research were 40 under-two years old babies in the area of PUSKESMAS Tolangohula of Tolangohula Subdistrict of Gorontalo District. The samples for this research were taken using the total sampling method.

The data were analyzed using the Kolmogorov. Based on this research findings the correlation between the birth space and the nutrition status with the p value of .024 and there was a correlation between the number of siblings and the under-two years old babies' nutrition status with the p value of .000. It was recommended to the community to pay attention to the birth space and number of siblings to anticipate the problem on the nutrition status of the children.

Keywords: Birth Space, Number of Siblings, Nutrition Status

References: 45 (2005-2014).

