

ABSTRAK

Nurlelastasia Daud. 2015. Hubungan Tingkat Partisipasi Ibu Mengikuti Kegiatan Posyandu Dengan Status Gizi Di Desa Tabumela Kecamatan Tilango Kabupaten Gorontalo. Skripsi, Program Studi S1 Ilmu Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo, Pembimbing I dr. Vivien A. Novarina Kasim, M.Kes dan Pembimbing II Ns. Abd. Wahab Pakaya, S.Kep, MM.

Permasalahan tentang gizi akan teratasi apabila ibu memiliki kesadaran dan kemauan untuk berpartisipasi dalam setiap kegiatan posyandu sehingga kader posyandu dan petugas kesehatan dapat memantau perkembangan dan status gizi dari anak. Tujuan penelitian ini adalah untuk mengetahui hubungan tingkat partisipasi ibu mengikuti kegiatan posyandu dengan status gizi di Desa Tabumela Kecamatan Tilango Kabupaten Gorontalo. Penelitian ini menggunakan metode survey analitik dengan pendekatan *cross sectional*. Populasi adalah seluruh ibu yang memiliki anak balita yang berada di desa Tabumela dengan Teknik pengambilan sampel *accidental sampling* berjumlah 64 orang. Teknik analisa data menggunakan uji statistik *Kolmogorov Smirnov Test*.

Berdasarkan hasil penelitian didapatkan distribusi balita yang memiliki Status Gizi baik dan tingkat partisipasi ibu aktif sebanyak (73,4%), balita yang memiliki Status Gizi kurang dengan tingkat partisipasi ibu tidak aktif Sebanyak (26,6%) dan Status Gizi buruk dengan tingkat partisipasi ibu tidak aktif Sebanyak (26,6%). Kesimpulan penelitian ini teradapat hubungan bermakna antara Tingkat Partisipasi Ibu Mengikuti Kegiatan Posyandu Dengan Status Gizi Di Desa Tabumela Kecamatan Tilango Kabupaten Gorontalo dengan nilai $p= 0,000$ ($\alpha < 0,05$). Diharapkan kepada ibu-ibu yang memiliki anak balita agar lebih aktif berpartisipasi dalam kegiatan posyandu agar kader posyandu dan petugas kesehatan dapat memantau perkembangan dan status gizi dari anak tersebut

Kata Kunci : Tingkat Partisipasi Ibu, Status Gizi, Anak Balita
Daftar Pustaka : 24 Referensi (Tahun 2008-2014)

ABSTRACT

Nurlelastasia Daud. 2015. Relationship of the Mother's Level of Participation in Integrated Health Services (POSYANDU) and the Nutrition Status in Tabumela Village of Tilango Sub-district of Gorontalo District. Skripsi, Study Program of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. Principal Supervisor was dr. Vivien A. Novarina Kasim, M.Keş and Co-supervisor was Ns. Abd. Wahab Pakaya, S.Kep, M.Si.

The nutrition problem would only be solved if mothers have awareness and willingness to participate in every POSYANDU activities, therefore, the health cadres and the health officers would be able to monitor the development and the nutrition status of the children. The objective of this research was to find out the correlation of the mothers' level of participation in POSYANDU activities and the nutrition status in Tabumela village of Tilango sub-district of Gorontalo district. This research used analytical survey method with the cross sectional approach. The population of this research were all the mothers who have under five years old children in Tabumela village and the samples were taken using the accidental sampling method of 64 people. The data were analyzed using statistical test of Kolmogorov Smirnov.

Based on the research findings, the distribution of under five years old children with good nutrition status and the level of active participation of their mothers was 73.4%, children with lack nutrition status and the level of participation their mothers was inactive (26.6%), and children with the malnutrition status and their mothers' level of inactive was (26.6%).

It was concluded that there was a significant correlation between the mothers' level of participation to participate in POSYANDU activities and the Nutrition Status in Tabumela village of Tilango sub-district of Gorontalo district with the value of $p=0.000$ ($\alpha<0.05$). It was recommended to the mothers who have under five years old children to be more participative in POSYANDU activities in order the health cadres and the health officers to be able to monitor the development and the health status of the children.

Keywords: Mothers' Level of Participation, Nutrition Status, Under Five Years Old Child

References: 24 References (2008-2014).

