

## ABSTRAK

**Hariyanto Ahmad. 2015.** Pengaruh Pendidikan Kesehatan Terhadap Pengetahuan Tentang *Oral Hygiene* Pada Lansia di Panti Sosial Tresna Werdha Ilomata Kota Gorontalo Tahun 2015. Skripsi, Jurusan Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I Dr. Rama P. Hiola, M.Kes dan Pembimbing II Vik. Salamanja. S.kep, Ns, M.Kes

Pendidikan kesehatan memegang peranan penting untuk menjaga kesehatan *Oral Hygiene*. Tujuan dari penelitian ini adalah untuk mengetahui pengaruh pendidikan kesehatan terhadap pengetahuan tentang *oral hygiene* pada lansia di panti sosial tresna werdha ilomata kota Gorontalo tahun 2015.

Desain penelitian ini menggunakan jenis penelitian *Pre Eksperimental* dengan rancangan *one group pre-test and post-test design*. Populasi berjumlah 35 lansia. pengambilan sampel yang digunakan adalah *Total sampling*. sampel dalam penelitian ini memenuhi kriteria *drop out* sebanyak 15 lansia, terpilih sampel sebanyak 20 lansia. instrument penelitian menggunakan kuesioner dengan teknik analisa data univariat dan bivariat menggunakan uji *Wilcoxon Signed Rank Test*.

Hasil penelitian menunjukkan bahwa sebelum diberikan pendidikan kesehatan terdapat 15 (75,0%) lansia pengetahuan cukup dan 5 (25,0%) lansia pengetahuan kurang sedangkan sesudah diberikan pendidikan kesehatan mengalami peningkatan 13(65,0%) pengetahuan baik, dan 7 (35,0%) pengetahuan cukup. Dengan *p value* (0,000) <  $\alpha$  (0,05) disimpulkan bahwa ada pengaruh pendidikan kesehatan terhadap pengetahuan tentang *oral hygiene* pada lansia di panti sosial tresna wedha ilomata kota Gorontalo.

Sehingga diharapkan kepada pihak Panti Sosial Tresna Werdha ilomata kota Gorontalo agar dapat menjadikan pendidikan kesehatan sebagai penambahan informasi bagi para lansia.

**Kata Kunci :** Pendidikan Kesehatan, *Oral Hygiene*, Lansia.

## ABSTRACT

**Ahmad, Hariyanto. 2015.** The Influence of Health Education towards Knowledge of *Oral Hygiene* in Elderly in Tresna Werdha Elderly Nursing Home Ilomata, Kota Gorontalo 2015. Skripsi. Nursing Department, Faculty of Health Sciences and Sport, Universitas Negeri Gorontalo. The principal supervisor was Dr. Rama P. Hiola, M.Kes and co-supervisor was Vik Salamanja, S.Kep, Ns., M.Kes.

Health education plays important roles in maintaining *oral hygiene*. The objective of this research is to investigate the influence of health education towards knowledge of *oral hygiene* in Elderly in Tresna Werdha Elderly Nursing Home Ilomata, Kota Gorontalo 2015.

This is a *Pre-Experimental* research and designed by using *one group of pre-test and post-test*. The population are 35 elderly. The sample was taken by using *Total Sampling*. There were 15 elderly who fulfilled the criteria of *drop out*. Thus, the sample of this research was only 20 elderly. Research instrument used was questionnaires and the data analysed univariate and bivariate by using *Wilcoxon Signed Rank Test*.

The result shows that before the treatment of health education was given, there were (15) or 75% elderly got enough knowledge and (5) or 25% elderly got poor knowledge. However, after the treatment of health education was given, there was an improvement namely 13 (65%) got good knowledge, and 7 (35%) got enough knowledge. With *p value*  $(0,000) < \alpha (0.05)$ , it can be concluded that health education influence elderly knowledge on *oral hygiene* in Tresna Werdha Elderly Nursing Home Ilomata, Kota Gorontalo.

Therefore, it is hoped that the official staff in Tresna Werdha Elderly Nursing Home Ilomata, Kota Gorontalo give additional information about health education to elderly.

**Keywords:** Health Education, *Oral Hygiene*, Elderly.

