

## ABSTRAK

Ficky Fadli Abas, 2015. Faktor yang Mempengaruhi Minat Lansia Dalam Mengikuti Posyandu Lansia di Wilayah Puskesmas Buko Kabupaten Bolaang Mongondow Utara. Skripsi, Program Studi Ilmu Keperawatan, Fakultas Ilmu-Ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I Dr. Rama P. Hiola. Dra, M.Kes dan Pembimbing II Dr. Hj. Rosmin Ilham, S.Kep, Ns. MM.

Posyandu Lansia merupakan perwujudan pelaksanaan program pengembangan diri kebijakan pemerintah melalui pelayanan kesehatan bagi lansia, sebagai suatu forum komunikasi dalam bentuk peran serta masyarakat usia lanjut, keluarga, tokoh masyarakat dan organisasi social dalam penyelenggaraannya, dalam upaya peningkatan tingkat kesehatan secara optimal. Penelitian ini bertujuan untuk mengetahui Faktor yang Mempengaruhi Minat Lansia Dalam Mengikuti Posyandu Lansia di Wilayah Puskesmas Buko Kabupaten Bolaang Mongondow Utara.

Desain penelitian yang digunakan adalah *Deskriptif Analitik* dengan pendekatan *cross sectional*. Populasi pada penelitian ini adalah seluruh lansia yang ada di wilayah puskesmas Buko Kabupaten Bolaang Mongondow Utara yang berjumlah 535 responden. Jumlah sampel pada penelitian ini sebanyak 84 responden. Untuk analisa univariat dan bivariat menggunakan *uji chi square* dengan derajat kemaknaan  $\alpha = 0.05$ .

Hasil penelitian menunjukkan bahwa pengetahuan baik 38 responden (45,2%), kurang 46 responden (54,8%), jarak dekat 46 responden (54,8%), jauh 38 responden (45,2%), dukungan keluarga baik 19 responden (22,6%), kurang 65 responden (77,4%) dan minat tinggi 24 responden (28,6%), rendah 60 responden (71,4%).

Kesimpulan pada penelitian ini terdapat pengaruh antara pengetahuan ( p-value = 0.000) , jarak (p-value = 0.000), dan dukungan keluarga ( p-value = 0.001) terhadap minat lansia ( p < 0.05).

**Kata Kunci : Lansia, Posyandu Lansia, Minat**

## ABSTRACT

Ficky Fadli Abas, 2015. Factors Influencing Elderly Interest in Following Posyandu Lansia at Puskesmas (Public Health Center) Buko of Bolaang Mongondow Utara District. Skripsi, Study Program of Nursing, Faculty of Health Sciences and Sports, State University of Gorontalo. The principal supervisor was Dr. Rama P. Hiola, Dra, M.Kes and the co-supervisor was Dr. Hj. Rosmin Ilham, S.Kep. Ns. MM.

*Posyandu Lansia is the implementation of self development program of government policy through health service for elderly as a communication forum which involves elderly, family, society man, social organization in its implementation as an effort to an optimal health improvement. This research aimed at investigating factors influencing elderly interest in following Posyandu Lansia at Puskesmas Buko area of Bolaang Mongondow Utara district.*

This research applied analytical descriptive design with cross sectional approach. The population of research was all elderly in puskesmas Buko area of Bolaang Mongondow Utara district amounted to 535 respondents. The samples were 84 respondents. Univariate and bivariate analysis was using chi square test with significance level at 0,05 ( $\alpha = 0,05$ ).

The research result showed that respondents who had good knowledge were 38 (45,2%), lack knowledge were 46 (54,8%), short distance were 46 (54,8%), long distance were 38 (45,2%), good family support were 19 (22,6%), lack family support were 65 (77,4%), high interest were 24 (28,6%), and low interest were 60 (71,4%).

It can be concluded that there was influence between knowledge ( $p$ -value = 0.000), distance ( $p$ -value = 0.000), and family support ( $p$ -value = 0.001) toward elderly interest ( $p < 0.05$ ).

**Keywords: Elderly, Posyandu Lansia, Interest**

