

PERSETUJUAN PEMBIMBING

SKRIPSI

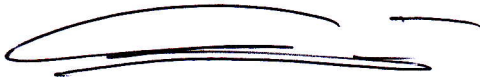
**PENGARUH *HEALTH EDUCATION* INFEKSI MENULAR SEKSUAL
TERHADAP PERUBAHAN PERILAKU REMAJA PUTRI
TENTANG *HYGIENE* ORGAN REPRODUKSI
DI SMA NEGERI 3 GORONTALO**

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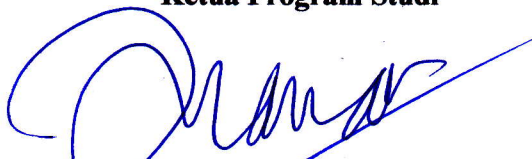
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Telah dipertahankan didepan penguji

Hari/Tanggal : Rabu, 29 Juni 2016

Waktu : 10.00 WITA

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ABSTRAK

Novita Lahay. 2016. Pengaruh *Health Education* Infeksi Menular Seksual Terhadap Perubahan Perilaku Remaja Putri Tentang *Hygiene* Organ Reproduksi Di SMA Negeri 3 Gorontalo. Skripsi Program Studi Ilmu Keperawatan Fakultas Olahraga dan Kesehatan, Universitas Negeri Gorontalo. Pembimbing I dr. Edwina Rugaiah Monayo, M.Biomed dan Pembimbing II Andi Mursyidah, S.Kep, Ns.,M.Kes

Health education IMS merupakan serangkaian program yang dilakukan agar dapat merubah perilaku remaja dalam menjaga *hygiene* organ reproduksi. Tujuan dari penelitian ini adalah untuk mengetahui pengaruh *health education* Infeksi Menular Seksual terhadap perubahan perilaku remaja putri tentang *hygiene* organ reproduksi di SMA Negeri 3 Gorontalo. Desain penelitian ini menggunakan jenis penelitian bersifat kuantitatif dengan menggunakan metode penelitian *One group Pretest-Posttest Design*. Populasi berjumlah 713 murid, sampel sebanyak 31 responden dengan menggunakan metode purposive sampling.

Berdasarkan uji statistic didapatkan data perilaku *hygiene* organ reproduksi sebelum diberikan *health education* IMS didominasi oleh perilaku tidak baik yaitu 90.3% dan perilaku baik 9.7% Sedangkan sesudah diberikan *health education* yaitu perilaku baik 80.6% dan perilaku tidak baik 19.4%. Kesimpulannya terdapat Pengaruh *Health Education* Infeksi Menular Seksual Terhadap Perubahan Perilaku Remaja Putri Tentang *Hygiene* Organ Reproduksi Di SMA Negeri 3 Gorontalo dengan hasil yang didapatkan $\rho = 0.000 < \alpha = 0.05$. Disarankan agar para remaja putri lebih memperhatikan cara membersihkan organ reproduksi yang baik dan benar sehingga dapat terhindar dari bahaya IMS.

Kata Kunci : *Health Education, IMS, Hygiene* Organ Reproduksi
Daftar Pustaka : 61 (2003-2016)

ABSTRACT

Novita Lahay. 2016. The Influence of Health Education on Sexual transmitted Infections towards Female Student's Behavioral Change about Reproduction Organ Hygiene at SMA Negeri 3 Gorontalo. Skripsi. Nursing Study Program, Faculty of Sports and Health, State University of Gorontalo. Principal supervisor is dr. Edwina Rugaiah Monayo, M. Biomed and Co-supervisor is Andi Mursyidah, S.Kep,Ns., M.Kes.

Health education IMS was the series of program conducted in order to change adolescent behavior to take care of reproduction organ hygiene. It aims at understanding the influence of Health Education on sexual transmitted infections towards Female Student's Behavioral change about Reproduction Organ Hygiene at SMA Negeri 3 Gorontalo. The design was quantitative research with the use of one group pretest-post test design-research method. The population was 713 students; the sample was 31 respondents using purposive sampling method.

Based on statistic test, it was found the data of behavior of reproduction organ hygiene before it was given health education IMS dominated by bad behavior that was 90.3% and good behavior was 9.7%. Meanwhile, after it was given health education the result of good behavior was 80.6% and bad behavior was 19.4%. The conclusion was there was Female Student's Behavioral change about Reproduction Organ Hygiene at SMA Negeri 3 Gorontalo with obtained-result $p = 0,000 < \alpha = 0,05$. It was suggested that female adolescent more observing on how to clean reproduction organ properly so that they could avoid IMS.

Keywords : Health Education, IMS, Reproduction Organ Hygiene

Bibliography No. : 61 (2003-2016)

