

## **Chapter I: Introduction**

This chapter explains the introduction of the research that consists of several sections. The first is background of research, which explains why researcher conducts this research. The second is research question, which explains problem of this research. The third is the aim of research, which describes the purpose of this research and as the answer of research question. The fourth is the significance of the research which describes all the benefits of this research to the reader especially students and lecturers in English Department. The fifth is the delimitation of the research, which describes a site in this research, and delimitation of this research

### **Background**

Language is a system to express meaning. The primary function of languages is for interaction and communication. English is one of the international languages which should be mastered by people from many countries in the world to communicate each other. They may know and understand what they speak communicatively because of English. Because of the reason, English becomes the first foreign language that is taught in Indonesia from junior high school up to university. For many students, it is believed that English is one of very difficult subject to learn. Therefore, teacher should think about how to teach students in order that they will be interested in the lesson.

However, teaching is not an easy process. It is not only process in transferring knowledge but also educating, caring and understanding the students.

The teachers have to care about their teaching way, because it will influence the students in class. Students who feel comfortable in class will easily understand the lessons that given by teacher. They will enjoy while the teacher teaches in the class and feel relax.

Based on the preliminary data, the researcher found the students' problems in learning process. One of the problems was the students are afraid of facing the lesson in the classroom environment. They considered the lesson as scary and boring and the most dangerous thing for them, so they are did not attract to study. It is known that laziness in learning is uncomfortable and ineffective teaching method in learning activity.

Thus, we need solution to get rid of this problem that learning is not only about knowledge, but also learning must be entertaining, encouraging students' motivation, interesting and not boring. We have to revitalize the meaning of "Learning", in order it can stimulate students' positive thinking and get a good perceived value so that, teaching method needs innovation.

Jaya (2010) stated that hypnoteaching is a combination of two words, namely "hypnosis" which means suggestion or changes the perception and "teaching" means give knowledge to other people. It can be interpreted that hypnoteaching is a method of teaching to change the perception of students towards learning process.

Hypnoteaching method can make students comfortable, relax, entertained such as the process of transferring knowledge can be successful. There are six steps

in Hypnoteaching; setting goal, intention and motivation, pacing and leading, using positive word, giving compliment, and modeling. Shortly, Hypnoteaching has some advantages which are learning process more dynamic and make a good interaction between teachers and students'. Hypnoteaching is a way to teach and it is an alternative technique to create effective teaching especially in teaching English.

Hypnoteaching is one of new methods that can be applied by teacher to make teaching and learning process to be more interesting and to make students easier to have long memory from what they have learnt. Therefore, this research is going to find out students' perception on Hypnoteaching method in English learning. It gives important information for the teachers in giving feedback in learning and teaching English in the future.

### **Research Question**

Based on the previous consideration the research question is “what are the students' perceptions towards Hypnoteaching method?”

### **The Aim of Research**

This research aim is to investigate the EFL students' perception on Hypnoteaching method.

### **Significances of the Research**

#### **Theoretically**

The theoretically benefit of research is to enrich knowledge about teaching method, especially in English teaching.

#### **Practically**

1. For English Department, the result of this research can be used as new information about teaching method which useful in the future.
2. For Teacher, the result of this research can be used as fun teaching method and as an alternative method which will used by lecturer in English department so that, teaching process not only transferring knowledge but also educating, caring and also understanding the students
3. For researcher, this research can be uses as a reference for further researcher in developing English teaching

### **Delimitation of Research**

In this research, the researcher focus on the EFL students' perception on Hypnoteaching method based on Rakhmat's theory as cited in Alex (2003, p. 446). It is stated that perception is the experience about objects, events, or the relations that are gotten by concluding the information and interpreting the message.

Thus, the researcher only limited on students' perception toward their experience in learning process and giving reaction on teaching and learning process.