Chapter V: Conclusions and Suggestions

This chapter deals with conclusion and suggestion for the analysis of the novel. The conclusions are drawn based on the analyzing all the facts dealing with the effect of childhood trauma of Karen Overhill. Then, the suggestion is lead to another researcher to make a deeper research about the story from other approaches.

Conclusions

Based on the traumatic experiences analysis on the main character Karen Overhill in Richard Baer's *Switching Time* novel, the researcher can draw the conclusion that the novel represents the chronic childhood trauma of Karen Overhill. It is exposed through text as data based interpretation by focusing on fictional devices such as character. The character in this analysis is Karen Overhill who experienced several bad experiences in her childhood. She tries to repress all of her bad memories, but she could not. Thus she had to face many hard problems such as the bad memories disturb her daily life. Therefore the effects of chronic childhood trauma can be seen through Karen being excessive anxiety. One of her excessive anxiety is Karen began worries too much about something even though no danger comes. It is happened because of the interference of traumatic memories that made Karen remembered all the bad things that she experienced in the past. This condition creates internal conflict to her life. She cannot trust people around her, she becomes a hater, nightmare, and excessive frightened.

Moreover, in Freud analysis about the structural hypothesis those are id, ego, and superego. Karen systems of personality could not be united. Her id is dominant she used during her childhood to hold those pain that she had. It caused her mind created other Karen that had born for hold each pain. Every personality of Karen has ability, age, and sex. Karen has 17 personalities. All personalities of Karen have function in the different situation that Karen faced. This is really shown us how human mind has limited in facing/overcoming problems in life.

Suggestions

Switching Time is an interesting novel that gives much worthy insight to the reader. In this era neglect, abuse physically or mentally often happen to anyone on childhood, youth or adults. Therefore, through the Switching Time novel the reader contemplate their life and take a lesson from the struggle of Karen to face the abused that she suffered and defeat her illness until she recovered. Practically, this study also suggests that parents should be aware of the effects of the trauma which may their child gets these symptoms. Generally, trauma happens from a social environment rather than in the family environment. In fact, the traumatic experienced of Karen comes from people who have a close relation with her. Parents who are supposed to protect their children from events that threaten them become traumatic even the parents themselves who do the bad things to them.

The researcher suggests for the further research to make a deeper research about other character as Karen's father, which focused on his psychology. It is caused her suffering by stress disorder that makes Karen's father able to torture his child (Karen) in all aspects such as, physical, mental and sexual. This study also only focused on Karen character about her personalities. How each of her personality adapts with other people who knew Karen or what makes Karen has 17 personalities.

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