

PERSETUJUAN PEMBIMBING SKRIPSI

**PEMBINAAN OLAHRAGA PANJAT TEBING
DI KOTA GORONTALO**

Oleh:

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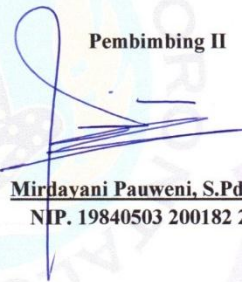
Telah diperiksa dan disetujui untuk diuji

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ABSTRAK

Kasiawan, 831414103 2019. “Pembinaan Olahraga Panjat Tebing di Mapala STA-IAIN Sultan Amai kota Gorontalo”. Skripsi. Program Studi Pendidikan Jasmani dan Kesehatan. Jurusan Pendidikan Keolahragaan, Universitas Negeri Gorontalo 2019, Dibawah Bimbingan Prof. Dr. H. Hariadi Said M.S dan Mirdayani Pauweni S.Pd, M.Pd.

Penelitian ini dilatar belakangi dengan belum diketahui pembinaan prestasi olahraga cabang panjat tebing di Mapala STA-IAIN Sultan Amai kota Gorontalo Tahun 2019. Penelitian ini bertujuan untuk mengetahui pembinaan prestasi cabang olahraga panjat tebing di Mapala STA-IAIN Sultan Amai Kota Gorontalo Tahun 2019 berdasarkan faktor endogen dan eksogen.

Penelitian ini merupakan penelitian deskriptif. Metode yang digunakan adalah survey dengan pengambilan datanya menggunakan angket. Populasi pada penelitian ini adalah seluruh anggota Mapala STA-IAIN Sultan Amai Gorontalo di Kota Gorontalo. Sampel dalam penelitian ini berjumlah 20 orang. Teknik analisis data menggunakan analisis deskriptif kuantitatif yang dituangkan dalam bentuk presentase.

Berdasarkan hasil data penelitian maka dapat disimpulkan bahwa: pembinaan prestasi cabang olahraga panjat tebing di Mapala STA-IAIN Sultan Amai Kota Gorontalo tahun 2019 berdasarkan data keseluruhan dari 42 pertanyaan yang dijawab 20 sampel berada pada kategori “kurang”. Dari 20 sampel diperoleh data 28,67% sangat setuju, 48,67% setuju, 20,33% tidak setuju dan 2,33% sangat tidak setuju, maka dapat dikatakan bahwa tingkat kepercayaan data hasil penelitian pembinaan prestasi olahraga panjat tebing di Mapala STA-IAIN Sultan Amai Kota Gorontalo masuk pada klasifikasi “Sedang “. Sedangkan berdasarkan nilai rata-rata keseluruhan data diperoleh sebesar 128.65, Maka dapat disimpulkan bahwa perlunya adanya peningkatan pembinaan olahraga Panjat Tebing di Mapala STA-IAIN Sultan amai Kota Gorontalo.

Kata Kunci : Pembinaan Panjat Tebing, Kota Gorontalo

ABSTRACT

Kasiawan, 831414103 2019. Rock Climbing Training in Mapala (Students' Association for Environmental and Adventure Activity) of STA-IAIN Sultan Amai Gorontalo City. Study Program of Physical and Health Education, Department of Sports, State University of Gorontalo 2019. The Principal Supervisor is Prof. Dr. H. Hariadi Said, M.S, and the Co-supervisor is Mirdayani Pauweni, S.Pd, M.Pd.

This research was motivated by the unknown situation of the achievement training in sports branch of rock climbing in Mapala of STA-IAIN Sultan Amai Gorontalo City 2019. So this research aimed to know the achievement training in sports branch of rock climbing in Mapala of STA-IAIN Sultan Amai Gorontalo City 2019 based on the endogenous and exogenous factors.

This was descriptive research in which the method used was survey and the data collection technique applied questionnaires. The population of this research were all the members of the Mapala STA-IAIN of Sultan Amai Gorontalo City where the sample was 20 members. The data analysis technique used quantitative descriptive analysis in the form of a percentage.

Based on the research finding, it could be concluded that: the achievement training in sport branch of rock climbing in Mapala of STA-IAIN Sultan Amai Gorontalo City 2019 based on the overall data from 42 questions answered by the 20 samples was in the category of "less". From the 20 samples, it was obtained data such as 28.67% for strongly agree, 48.67% for agree, 20.33% for disagree, and 2.33% for strongly disagree. So it could be said that the confidence level on the research finding of the achievement training in sports branch of rock climbing in Mapala of STA-IAIN Sultan Amai Gorontalo City was in the category of "medium" while the average value of the overall data obtained 128.65. So the conclusion was the achievement training in sports branch of rock climbing in Mapala of STA-IAIN Sultan Amai Gorontalo City should be increased.

Keywords: The Training of Rock Climbing, Gorontalo City

