Chapter 5:Conclusion and Suggestion

This chapter describes the conclusion and suggestion of this research. The goal of this chapter is to give an overview of the results of data finding and the discussion. Also, to provide the suggestions for the readers, teachers and parents.

Conclusion

Based on the data finding and discussion about Alaska character personality that portrayed in the novel *Looking For Alaska* by using psychoanalysis theory of Sigmund Freud, some points need to be concluded.

First, the researcher found out that there are nine personalities of Alaska portrayed in the novel. In the data, findings revealed that from the three-level of the human mind by Sigmund Freud; the Id, the ego and the superego, only two-level influenced Alaska personality. The personality that is influenced by the superego is not found in the novel, because Alaska never behavesaccording to societal norms. Her behaviour and acts mostly influenced by the Id, which is the opposite of the superego. And these behaviours drive a lot of her decision. This finding also explains why Alaska has more negative traits in her personality. Her strong impulse from the Id also makes her slightly obsessed with the dichotomy between death and life.

Second, the researcher discovers that the same personality and behaviour is not always formed at one particular level of the human mind. Alaska can be moody and flirty both because she is influenced either by her Id and ego.

Third, the researcher also discover that Alaska is suffered from Neurotic anxiety. This type of anxiety contributes to her impulsive behaviour and mood swings.

And the last, the researcher also discover that Alaska has Borderline Personality Disorder (BPD). This is the type of personality disorder where the person who suffer from it

has instability in mood, thinking, behavior, personal relationships, and self-image that caused them to have intense mood swings, suicidal thingking and behaviour, fear of abondonment, inappropriate anger, chronic feeling of emptiness, and behave impulsively. Also, caused them to suffer from another mental disorders, in Alaska's case, anxiety disorder. It gives us explanation why Alaska is mentally unstable.

Above all, the researcher discover that Alaska fascination towards death and her tendecies towards destructive behaviour that makes her killed herself, is the fact that Alaska feels homeless both emotionally and physically because of her mother's death and because she take the blame and failed to forgive herself.

Suggestion

What Alaska character experience in her life is also happening to some of us in real life. There are so many people going through the same pain as Alaska with the same exact situation or with other reasons. Some might ended up committing suicide and some might still suffering in silence. Based on this fact, the researcher has several parts to suggest to the readers, teachers, and parents;

First, for the readers, to keep awareness for your surroundings and pay more attention especially to those people who behave unusual, or have a tendecies to self-destruct. By being someone they can share their worries or just simply being there for them can help them to decrease their suicidal thoughts.

For the teachers, pay more attention to the students behaviour, try to understand and guide the ones who seems problematic. Because problematic students usually experiences some struggle both mentally and physically at home.

And the last, for the parents, act more like friends to your children can make them become more open about their struggles. And keep your awareness at them also can help you notice their tendecies acts towards negative behaviour.

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