

Chapter V : Conclusion and Recommendation

This chapter cover the discussion of the conclusion and suggestion of the study. The conclusion section will be explained the description about the conclusion of this research. The researcher suggestion will be explained in the discussion section.

Conclusions

Referring to the research findings and analysis of the result, it can be conclude that the factors that affect the anxiety of the 5th semester students at English Department are 1). Fear of failing the class, 2). Lack of confidence, 3). Lack of preparation, 4). Fear of making mistakes, and 5). Fear of being judged.

The factor fear of failing the class is related to the problem with feeling afraid not to pass the class. The next factor is lack of confidence related to the nerveous feeling that the students feel in speaking English. Then, the next factor is lack of preparation related to lack of vocabularies, grammars, or pronunciation. The next factor is fear of making mistakes, this factor is related to afraid making mistakes in pronunciation or grammar. The last factor is fear of being judged is related to the judges from the environment that the students receive when they are speaking English.

For the strategies, the researcher conclude that these are the strategies that the 5th semester students of English Department use to cope their anxiety in speaking English, 1). Preparation, 2). Positive Thinking, 3). Resignation, 4). Relaxation, and 5). Code Mixing. In this study, it is only talking about the anxiety from students point of view and not all the factors of anxiety are taken.

Recommendation

This study was conducted to identify the factors of student's anxiety in speaking English and the strategies that the students use to cope with their anxiety. Obviously, future similar studies but conducted with a larger population or different groups of students will be useful to give a better understanding of the issue of anxiety in speaking English. The future researcher also can gain information from the teacher point of view. In addition, they can add more psychological point that affect the student's anxiety in speaking English. The teacher also should pay attention to the factors that cause the anxiety in speaking English. Therefore, teachers are expected to support and encourage students to speak English. From the result of this research, the researcher would like to give suggestion to to the students who has anxiety in themselves. The students are expected to increase the self-confidence to speak, gain more knowledge, vocabularies, and learn how to pronounce well. For the language learning, the reasearcher hope that the students can take something good from this research to improve their ability in speaking without feeling anxiety in themselves.

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