

CHAPTER IV

Conclusion and Suggestion

Conclusion

A research based on psychoanalysis theory is always a research that discuss about human as its object. It always deals with human's behavior or human's personality. Psychoanalysis is using to know what are the psychological factors that determine human behavior. In the terms of literature, psychoanalysis also is using to analyzed the literary works. It is because the psychology and literary is correlating each other. Literary works always seen as a psychological phenomena which display psychological aspects through characters if by chance the text is in the form of drama and prose.

One of the literary work that is analyzed by using psychoanalysis theory is the object of this research itself. It is *Tell Me Your Dreams* novel by Sidney Sheldon. Based on the analysis of the novel *Tell Me Your Dreams* it found that dr.Patterson's personalities was controled by id. This could be seen from how the way he behaved while he interacted to his daughter and the society. To his daughter, he behaved like an evil. He destroyed his daughter life by raping her and finally it made his daughter got serious mental illness. Futhermore, to the society he bahave like an angel. He always help people in need. He was working hard to make people belived that he was a good people. The effort that made by dr.Patterson to make people believe that he was a good people, finally known as part of his Defense Mechanism, which his used to deal with his insecurity. He was insecure if people knew what he

had done to his daughter because it will destroyed his image as a famous and intellegent doctor in society. The fear that was felt by dr.Patterson, made him did defense mechanism as an effort to defense him self from his insecure feeling. There were 6 kinds of defense mechanism he used. That was Reaction Formation, Projection, and Displacement, Sublimation, and Rationalization. Futhermore, the researcher also found that the reason why dr.Patterson raped his daughter was because he had a mental illness and it was psychopathy. According to Richel et al (2002) psychopathy is a kind of personality disorder which characterized in part by callousness, a diminished capacity for remorse,supercial charm,impulsivity, and poor behavioral controls. Thus, this was the reason why dr.Patterson never felt guilt when he raped his daughter, why he good in manipulative something, and why he did not feel empathy

From the description above, the researcher concluded that dr.Patterson was a person who really sick in his mentality. He was psychopathy who always manipulated something things to his own benefit.

Suggestion

During this research, the researcher learned many things about human and the personality of human. This research taught the researcher that human was a complexity,which means that human was not simple. Then it was very interesting to do a research on human. Therefore, in this research, which focus on human's life that was Dr.Patterson, the researcher realize that this research is not perfect because there was no perfect research. The lack of this research is this research just focus on one part of human's life in this

novel and it was personality of dr.Patterson. Then, the researcher believe that beside the personality of dr.Patterson, there is so many things that the another researcher can explored in this novel for example the Hierarchy of needs of each character. Then, the researcher suggested to another researcher, if they want to do research in this novel, tried to look the hierarchy of needs of each character, or tried to explore the defense mechanism of David where one of the supporting character.

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