

## CHAPTER V

### CONCLUSION AND SUGGESTION

As shown in the preceding chapter, the research finding and the discussion has been presented. Thereafter, this chapter presents the conclusion and several suggestions. In particular, the conclusion provides the summary of the results related to the formulated research question. While the suggestion provides several suggestions for readers and the future work in the same field.

#### Conclusion

After analyzing the whole novel and analyzing all the facts dealing with Noah effort and his personality, the researcher comes to the conclusion that *The Notebook* is the reflection of the human trying to get his desire. The author wants to describe how human beings have many ways making his dream come true

When Noah felt inferior he felt low self esteem, pessimistic and useless. The inferiority feeling did not make him give up it made him strive to be superior. Noah has unique characteristic because he has his own style of life that no one could, Noah also has a good relationship with other people around his life as a manifestation of his social interest. Furthermore, Noah has a goal that he dreams of Allie as his fictional final goal, through reach that goal he suffered a lot of struggle. In the end because his creative self to make the house famous it can make Allie come to him and reach his goal.

Noah character seems to give a description that life will not be wonderful without love. Because of love, people can change and do anything. It means that without love people will feel sad and lovely. But love also can make people become confused when one of their wish of love is not fulfilled. In *The Notebook* Noah reflects the main character's effort on struggling for his love. Here, Noah Colhum in the story tells about he become Army in World War I, he works hard and builds a luxury house. He does like that because he wants to get his love back.

### **Suggestion**

This analysis is aimed to find out the components of individual psychology in the Nicholas Sparks book entitled *The Notebook*. Thus, the theory that is used to conduct this research is Individual Psychology by Alfred Adler. Meanwhile, while the researcher was doing the research, there is theory that also can be applied in investigating about *The Notebook*. The theory is Marxism. The researcher found that the stories also can be analyzed through Marxism theory as the stories also contain the different social caste. The differences class between rich and poor people is very important at the time. It shows that a man who comes from poor family cannot marry with a girl from rich family. This novel reflects the reality life of America. However, this research might not be as perfect as expected because there are still a lot of aspects needed to be develop. However, this research will be beneficial for further researchers as the reference to analyze similar topic of research.

## REFERENCES

### Data Primer

Adler, Alfred. (1997). *UNDERSTANDING LIFE* (2<sup>nd</sup> ed.). England. Oneworld Publications.

Sparks, N. (1996). *The Notebook*. United State. Hachette Book Group

### Data Sekunder

Abraham, M. H. 1981. *A Glossary of Literary Terms*. New York: Holt, Rinehart and Winston, Inc.

Adler Graduate School. (n.d). Alfred Adler: Theory and Application.

Retrieved from <http://alfredadler.edu/about/alfred-adler-theory-application> on January, 5<sup>th</sup>, 2018

Alternbernd, Stone l and Leslie L. Lewis. 1980. *Introduction to Literature*.

New York: Macmillan Publishing and Co.

Ary, D., Jacobs, L., Sorensen, C., Razavieh, A. (2009). *Introduction to Research Education Eight Edition*. Australia: Wadsworth Thomson Learning.(2018).Proceedings of the National Academy of Sciences of the United States of America. *Women live longer than men even during severe famines and epidemics*. 115 (4) E832-E840.

- Boeree, G. (2006). ALFRED ADLER. Retrieved from <http://webspace.ship.edu/cgboer/adler.html> on January, 5<sup>th</sup>, 2018
- Dobie, B.A.(2011). *Theory into Practice An Introduction to Literary Criticism* (3<sup>rd</sup> ed). Boston. Wadsworth
- Feist, Jess & Feist, J.G.(2006). *Theories of Personality (sixthEdition)*.McGrawHill
- Hjelle, L. A & Zieger, D. J. (1982). *Personality Theories (Third Edition) Basic Assumption, Research, and application*. USA: Mc. Graw Hill International Editonal.
- Journal psyche. (n.d). Alfred Adler's Personality Theory and Personality Types. Retrieved from <http://journalpsyche.org/alfred-adler-personality-theory/> on December, 17<sup>th</sup>, 2017.
- Koesnosobroto, Basuki S. 1988. *The Anatomy of prose Fiction*. Jakarta: Depdikbud.
- Mcleod, S. (2007) Psychodynamic Approach. Retrieved from <http://www.simplypsychology.org/psychodynamic.html> on January, 8<sup>th</sup>, 2018
- Mitchell, G. (2015). Alfred Adler & Adlerian Individual Psychology. Retrieved from <http://mind-development.eu/adler.html> on January, 5<sup>th</sup>, 2018

- Psychology Encyclopedia. (n.d). Alfred Adler. Retrieved from <http://psychology.jrank.org/pages/13/Alfred-Adler.html> on January, 5<sup>th</sup>, 2018
- Research Funding. (2017). Alfred Adler's Personality Theory Explained . Retrieved from <https://healthresearchfunding.org/alfred-adlers-personality-theory-explained/> on January, 15<sup>th</sup>, 2018
- Rudmin, F. W. and Ansbacher, H. L. (1989). Anti-war psychologists: Alfred Adler. *Psychologists for Social Responsibility Newsletter*.
- Ryckman, R. M. (2007). *Theories of Personality (ninth Edition)*. California Wadsworth inc.
- Sandelwoski .(2000). *Qualitative description*. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/10871540>
- Sharp, E.S. (1899). *Individual Psychology: A Study in Psychological Method*. *University of Illinois Press*.doi: 10.2307/1412140
- Siedlecki, V. (2013, November). Adler Individual Psychology. *ResearchGate*. doi: 10.13140/RG.2.1.4625.3520
- Sindelar, B., Pap, G. (n.d) The Individual Psychology of Alfred Adler. Retrived from <https://www.sfu.ac.at/wp-content/uploads/IPIntern012017OB.pdf> on January, 5<sup>th</sup>, 2018

Vujisic, Dr. Zoran. ( n.d. ). *Alfred Adler's Individual Psychology*. Retrieved

[http://bibliotecavirtualut.suagm.edu/Publicaciones\\_profesores/Zoran%20Vujisic/Individual%20Psychology.pdf](http://bibliotecavirtualut.suagm.edu/Publicaciones_profesores/Zoran%20Vujisic/Individual%20Psychology.pdf)

on January, 15<sup>th</sup>, 2018