

PERSETUJUAN PEMBIMBING

Skripsi yang berjudul:
**Hubungan Metode Pembelajaran di Masa Pandemi Terhadap Psikologi
Orang Tua di SD Al-Huda Kota Gorontalo**

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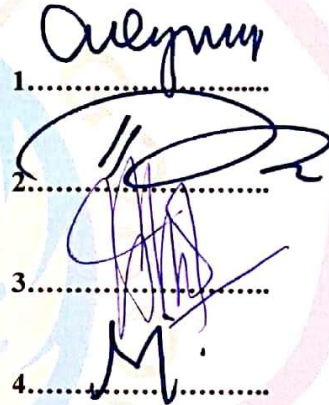
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Hari/Tanggal : Jumat, 03 Desember 2021
Waktu : 14.00 WITA

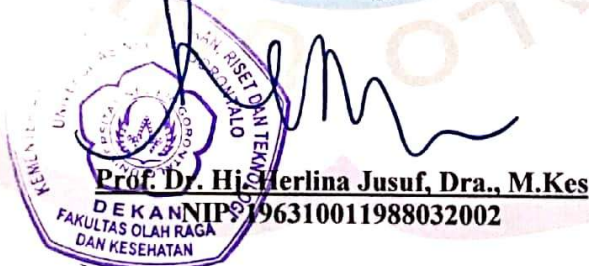
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Gorontalo, 03 Desember 2021
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ABSTRAK

Mohamad Nurul Hidayat Djailani. 2021. Hubungan Metode Pembelajaran di Masa Pandemi Terhadap Psikologi Orang Tua di SD Al-Huda Kota Gorontalo. Skripsi, Program Studi Ilmu Keperawatan, Fakultas Olahraga dan Kesehatan, Universitas Negeri Gorontalo. **Pembimbing I Suwarly Mobiliu, S.Kp.,M.Kep dan Pembimbing II Ns. Ibrahim Suleman, M. Kep**

Dunia saat ini dihebohkan dengan pandemi Covid-19, dimana virus ini dapat mengancam aktivitas sehari-hari termasuk di dunia pendidikan sehingga komponen pendidikan menginovasi pembelajaran jarak jauh melalui pembelajaran daring. Pembelajaran ini dimaksudkan agar proses pembelajaran tetap berlangsung di tengah pandemik covid-19. Sebagian orang tua mengalami gangguan psikologi saat mendampingi anak belajar daring, hal ini disebabkan karena beberapa faktor seperti kurangnya pemahaman orang tua dalam menggunakan elektronik, dan anak yang sulit untuk diajak belajar daring. Gangguan psikologi yang dirasakan orang tua yaitu kecemasan, stress, maupun depresi. Penelitian ini bertujuan untuk mengetahui hubungan metode pembelajaran di masa pandemik terhadap psikologi orang tua di SD Al-Huda Kota Gorontalo.

Penelitian ini menggunakan desain *Cross Sectional*. Metode sampling *Cluster Random Sampling*, dengan sampel 71 responden. Pengumpulan data menggunakan kuisioner dan lembar observasi. Diuji menggunakan *Uji Spearman Rank*.

Hasil menunjukkan terdapat hubungan antara pembelajaran daring terhadap stress, depresi, maupun kecemasan orangtua dengan nilai *p-Value* stress = 0,001 ($P < 0,05$), nilai *p-Value* depresi 0,034 ($P < 0,05$), dan nilai *p-Value* kecemasan 0,000 ($P < 0,05$).

Kesimpulan terdapat hubungan pembelajaran daring di masa pandemik dengan gangguan psikologi orang tua di SD Al-Huda Kota Gorontalo. Berdasarkan penelitian ini diharapkan institusi pendidikan dapat menyediakan fasilitas untuk belajar daring sehingga mempermudah proses pembelajaran, dan mengurangi gangguan psikologi yang dialami orang tua.

Kata Kunci : Pembelajaran Daring, Psikologi Orang Tua

Daftar Pustaka : 27 (2011-2021)

ABSTRACT

Mohamad Nurul Hidayat Djailani. 2021. *The Relationship of Learning Methods during the Pandemic Period to the Psychology of Parents in Al-Huda Elementary School, Gorontalo City.* Undergraduate Thesis, Study program of Nursing, Faculty of Sports and Health, State University of Gorontalo. **The principal supervisor is Suwarly Mobiliu, S.Kep., M.Kep, and the co-supervisor Ns. Ibrahim Suleman, M. Kep.**

The world is currently shocked by the Covid-19 pandemic, where this virus can threaten daily activities, including education, therefore the component innovates distance learning through online learning. This learning is intended so that the learning process continues in the midst of the COVID-19 pandemic. Some parents experience psychological disorders when accompanying children in online learning due to several factors such as the lack of understanding in using electronics and children who are difficult to attend the online class. Psychological disorders experienced by parents include anxiety, stress, and depression. This study aims to determine the relationship of learning methods during the pandemic to the psychology of parents in Al-Huda Elementary School, Gorontalo City.

This study uses a cross-sectional design. The sampling method is Cluster Random Sampling, with a sample of 71 respondents. Collecting data applies questionnaires and observation sheets. The data are tested by using the Spearman Rank Test.

The results show that there is a relationship between online learning and parents' stress, depression, and anxiety with p-Value of stress = 0,001 ($P < 0.05$), p-Value of depression is 0,034 ($P < 0.05$), and p-Value of anxiety is 0,000 ($P < 0.05$).

It is concluded that there is a relationship between online learning during the pandemic with psychological disorders of parents at Al-Huda Elementary School, Gorontalo City. Based on this research, it is expected that educational institutions can provide facilities for online learning to facilitate the learning process and reduce psychological disorders experienced by parents.

Keywords: Online Learning, Psychology of Parents

References: 27 (2011-2021)

