

ABSTRACT

Zurriyah Iqdam Musa, 2022. *The Correlation between Family Support and Medication Compliance in Patients with Mental Health Disorders at the Working Area of Puskesmas (Public Health Center) Tilamuta.* Undergraduate Thesis, Department of Nursing, Faculty of Sports and Health, State University of Gorontalo. The Principal Supervisor is Ns. Yuniar Mansye Soeli, M.Kep., S.Kep.Jiwa, and the Co-supervisor is dr. Muhammad Nur Syukriani Yusuf, M.Med.Ed.

Family support is the assistance provided by the family to the patients with mental health disorders, including information, information, attention, financial assistance, and appreciation. On the other hand, medication compliance is the behavior or attitude of patients with mental health disorder in taking medication according to 5 principles in drug administration, namely: right patient, right drug, right dose, right route, right time. Therefore, this present research aimed to determine the correlation between family support and medication compliance in patients with mental health disorders at the Working Area of Puskesmas Tilamuta.

This research employed a Cross-Sectional research design. The population in this research was the whole patients with mental health disorders at the Working Area of Puskesmas Tilamuta, which amounted to 30 respondents. At the same time, the sampling technique used in this research was total sampling with questionnaires as the research instrument.

The research finding depicted 14 respondents with the good family support category and obedient to taking medication, and four respondents with good family support and were not obedient to taking medication. In comparison, there were three respondents with less family support and obedient to taking medication, while nine respondents with less family support and were not obedient to taking medication. To sum up, there was a significant correlation ($p\text{-value} = 0.004$) between family support and medication compliance in patients with mental health disorders. As a recommendation for the public health centers, it is expected that this research can be used as material for evaluation and input regarding the compliance of patients with mental health disorders.

Keywords: Family Support, Taking Medication, Mental Health Disorders
References: 45 (2008-2019)