

BAB V

PENUTUP

5.1 Kesimpulan

Dari hasil penelitian tentang interaksi obat pada pasien gagal ginjal kronik yang sedang menjalani hemodialisis di RSUD Dr. M.M Dunda Limboto, maka dapat disimpulkan :

1. Penggunaan obat pada pasien gagal ginjal kronik di RSUD Dr. M.M Dunda Limboto yaitu obat antihipertensi (17%), obat vitamin dan mineral (13.20%), gastrointestinal (11.32%), analgesik-antiinflamasi (11.32%) antibiotik (9.43%), mukolitik (5.66%), antiplatelet (3.77%), antidiare (3.77%), antigout (3.77%), antidiabetes (3.77%), hipolidemik (3.77%), bronkodilator (3.77%), antiangina (1.89%), antiamuba (1.89%), hemostatik (1.89%), dan antiansietas (1.89%).
2. Kejadian interaksi obat secara farmakodinamik sebanyak 31 kasus (53.45%), farmakokinetik sebanyak 21 kasus (36.21%) dan tidak diketahui sebanyak 6 kasus (10.34%).
3. Level kemaknaan klinis pada pasien gagal ginjal kronik yakni level kemaknaan klinis moderat (75.86%), level kemaknaan klinis minor (13.80%), level kemaknaan klinis mayor (10.34%).

5.2 Saran

Berdasarkan penelitian yang dilakukan dapat disarankan sebagai berikut :

1. Perlu dilakukan penelitian prospektif mengenai intraksi obat pada pasien gagal ginjal kronik yang sedang menjalani hemodialisis sehingga dapat diamati secara langsung dan diketahui efeknya terhadap kondisi klinis pasien.
2. Perlu peningkatan peran serta farmasis dalam pengobatan pasien untuk meminimalisir terjadinya interaksi obat.

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