

## ABSTRAK

**Krismiyati Djaini. 2013.** Hubungan Pengetahuan dengan Tindakan Ibu Primipara Tentang Inisiasi Menyusu Dini Diruang Kebidanan RSUD DR. M.M Dunda Limboto. Skripsi, Jurusan Keperawatan, Fakultas Ilmu-ilmu Kesehatan dan Keolahragaan, Universitas Negeri Gorontalo. Pembimbing I DR.Elly Lilianty Sjattar,S.Kp, M. Kes dan Pembimbing II Ramly Abudi, S.Psi, M. Kes.

Inisiasi Menyusu Dini (IMD) adalah proses bayi menyusu segera setelah dilahirkan, di mana bayi dibiarkan mencari puting susu ibunya sendiri. Di RSUD DR. M.M Dunda Limboto, sebagian besar ibu primipara tidak memahami manfaat IMD dan masih bingung bagaimana cara menangani bayi sehingga mereka memilih untuk memberikan setetes madu sebelum susu formula. Berdasarkan permasalahan tersebut, maka tujuan dari peneliti adalah untuk mengetahui hubungan pengetahuan dengan tindakan ibu primipara tentang inisiasi menyusu dini diruang kebidanan RSUD DR.M.M Dunda Limboto.

Jenis penelitian ini menggunakan deskriptif Analitik melalui pendekatan Cross Sectional Study. Populasi dan sampel penelitian ini adalah seluruh Ibu Primipara yang memiliki bayi di ruang Kebidanan RSUD.M.M.Dunda Limboto. Variabel penelitian ini adalah independen Pengetahuan Ibu tentang IMD dan dependen Tindakan ibu tentang IMD. Instrumen yang digunakan dalam penelitian ini adalah kuisioner. Data hasil penelitian ini disajikan dalam tabel distribusi frekuensi dengan menggunakan rumus chisquere.

Hasil penelitian Setelah di uji menggunakan *chi-square* didapatkan p value (0,02) lebih kecil dari  $\alpha$  (0,05), berarti hipotesis nol ( $H_0$ ) ditolak, artinya ada Hubungan Pengetahuan dengan tindakan ibu primipara tentang inisiasi menyusu dini diruang kebidanan RSUD.Dr.M.M Dunda Limboto. Saran yang dapat penulis ajukan terkait penelitian ini adalah diharapkan kepada calon ibu khususnya primipara untuk mencari informasi tentang pentingnya tindakan inisiasi menyusu dini.

**Kata Kunci :Pengetahuan, Ibu primipara, Inisiasi menyusu dini**

## ABSTRACT

**Krismiyati Djaini. 2013.** The Relationship Between Knowledge and The Action of Primiparous Mothers About Early Breastfeeding Initiation in The Midwifery Room at RSUD Dr. M.M Dunda Limboto. Skripsi. Nursing Department. Faculty of Health Sciences and Sports. State University of Gorontalo. Principle Supervisor is Dr. Elly Lilianty Sjattar, S.Kp, M.Kes and Co-Supervisor is Ramly Abudi, S.Psi, M.Kes.

Early Breastfeeding Initiation (IMD) is an infant feeding process after delivery process. The infants look for mother's nipple by themselves. At RSUD Dr. M.M Dunda Limboto, most of primiparous mothers do not understand the advantages of IMD and they are still confused how to take care their babies so that they prefer giving honey before giving milk. Based on that problem, this research aims at investigating the relationship between knowledge and the action of primiparous mothers about early breastfeeding initiation in the midwifery room at RSUD. Dr.M.M Dunda Limboto.

This research was a descriptive analytic research through Cross Sectional Study. The population and sample of research were all primiparous mothers at midwifery room of RSUD. Dr.M.M Dunda Limboto. Research variables were mother's knowledge of IMD as Independent variable and mother's action of IMD as dependent variable. Questionnaire was used as data collection instrument. Research result was explained on frequency distribution table by using chisquere formula.

Research result showed that the p value (0,02) was smaller than  $\alpha$  (0,05). It meant that the hypothesis was zero and (Ho) was rejected. It could be Concluded that there was a relationship between knowledge and the action of primiparous mothers about early breastfeeding initiation in the midwifery room at RSUD. Dr.M.M Dunda Limboto. It also could be suggested that the mothers particularly the primiparous mothers to find the information of the importance of early breastfeeding initiation.

**Keywords : Knowledge, Primiparous Mothers, Early Breastfeeding Initiation**